



HIPPOCRATIC Academy of Thermal Medicine

Healing in Greece

FULL MEMBER OF FEMTEC

3rd WORLD CONGRESS OF THERMAL MEDICINE ACADEMY



**EVIDENCE
BASED
THERMAL
MEDICINE**

9-11 October 2022

HOTEL «GALINI» | KAMENA VOURLA

CO-ORGANIZATION:



UNDER AUSPICES:



President: Kouskoulis Konstantinos
*Professor of Dermatology -Lawyer- President of Hippocratic Thermal Medicine Academy
President of World Academy of Chinese and Complementary Medicine.
b.V. President of Global Hippocratic Doctor's Institute
email: konkouskoulis@gmail.com, www.thermalmedicineacademy.gr*

*The Conference
will be in person and online
(live streaming).
Official language English*

The Conference will take place both in person and live streaming according to protocols of Covid-19

PRESIDENT OF THE CONGRESS: Kouskoulis Konstantinos

ORGANIZING COMMITTEE: President: Polydorou Antonios, V. President: Begkas Dimitrios

SCIENTIFIC COMMITTEE: President: Stathopoulos Apostolos

Members: Skandalakis P, Koutsilieris M, Chrousos G, Pantos K, Patsourakos F, Galagos A, Johnson E, Chrysikou E, Perspires M, Manolas P, Dangas G, Agathagellou P, Ziropiannis P, Polydorou V, Pantou A, Mansán J, Schlanger J, El Farouk M, Cotrutz Carmen E, Conharova O, Michopoulou E, Papadellis S.

www.thermalmedicineacademy.gr



President's message of Hippocratic Thermal Medicine Academy

Dear colleagues and participants,

I honorarily invite you to the 3rd World Congress of Thermal Medicine which will be held 09-11 October 2022 at the Hotel Galini, Kamena Vourla. In this Congress will participate outstanding Professors, as well as internationally well-established colleagues who will present the evidence based Thermal Medicine up to date information while at the same time lectures, workshops and round table discussions will take place.

The 3rd World Congress of Thermal Medicine in cooperation with the European University of Cyprus will be co-organized also with the Regional Governor of Attica Mr G. Patoulis, the Regional Governor of Central Greece, Mr T. Spanos, the Cultural Development Organization of Central Greece and the Hippocratic Academy of Thermal Medicine. From ancient time health, wellness, power and beauty are among the most precious goods of life, particularly in ancient Greece, the care of physical, mental and spiritual health was an important part of Greek culture, according to Hippocrates, Father of Medicine, who founded the principles of Thermal Medicine. The Hippocratic Academy of Thermal Medicine founded in 2015, aiming to establish and update Thermal Medicine as a complementary therapeutic method, with scientific documentation of its medical applications. Promising signs for Greece are the legal and institutional framework, as well as the decision of Plenary Session of Central Health Council in 2018 to establish Complementary Medicine integrating the Thermal Medicine. The on-going approval of prescriptions from National Organization of Health Services has confirmatory role for the effects of the complementary Thermal Medicine's therapies.

Thermal Medicine, with the scientific documentation supports the thermal, mechanical, chemical and particularly biological and immunological effects of the healing natural resources and has emerged as a complementary therapeutic method to the Classical Medicine. The therapeutic methods of Thermal Medicine are: external hydrotherapy (balneotherapy), drinking therapy, inhalation therapy, clay therapy, salt therapy, thalassotherapy, cave therapy and biometeorological therapy. Thermal Medicine updated from the empirical state to the scientific one with evidence studies in Greece beginning 2006, has therapeutic actions in different diseases of myoskeletal, neurological, respiratory, cardiovascular, hematopoietic, gastroenterological, urological and endocrine system as well as in dermatological, gynecological, allergic and otorhinolaryngologic ailments.

Therapeutic applications of Thermal Medicine in the various specialties are applied based on research, medical studies, doctoral theses and scientific papers. Medicine helps eventually not only the treatment, recovery and rehabilitation of physical, mental and spiritual health, but also helps the treatment of silver & golden age, by applying longevity and wellness standards, as a preventive method.

This effort reflects the current situation in Greece that aspirates for our country to become a global health resort medispa not only for the elderly and patients with chronic diseases but also as Preventive Medicine, under the medical supervision, always by experienced and internationally acclaimed physicians. Our basic aim is to stop the «brain-drain» and develop the «brain-regain», as the interest is growing internationally since the patients are looking for upgraded medical treatment, recovery, rehabilitation, antiaging and wellness services.

Substantial role plays the establishment of a Master Degree Program specialized in Thermal Medicine in the Medical School of Athens, as well as a similar e-learning program. This effort has the ultimate goal of integrating Thermal Medicine as an elective course in undergraduate medical students education and additionally as thermal medical education in postgraduate programs related to different specializations.

The financial evaluation of the establishment and promotion of Greece as Health Tourism wellness destination, especially for older people in combination with all thematic forms of tourism as clusters inducing high added values and new jobs.

Determinant is the contribution of Attica Regional Governor President AMA, G.H.D.I, IHTC, ELITOUR and Founding Member of the Hippocratic Academy of Thermal Medicine G. Patoulis, in promoting and establishing internationally the Health Tourism and Thermal Medicine. He with his inspirational energy created the Global Hippocrates Institute of Doctor's and the International Health Center, formulating national policy for the revival of Hippocrates spirit establishing Greece to be prominent not only as therapeutic but at the same time as educational center of Hippocrates's Medicine and Classical Medicine with holistic approach, beginning from the Prefecture of Attica as the first health resort and medical spa for body, soul and spirit recreation.

Yours sincerely,

Kouskouris Konstantinos

Professor of Dermatology -Lawyer-

President of Hippocratic Thermal Medicine Academy

President of World Academy of Chinese and Complementary Medicine,

V. President B' of Global Hippocratic Doctor's Institute

SUNDAY 9|10

11:00 - 13:00	REGISTRATION
13:00 - 14:40	COORDINATORS <i>Polydourou Antonios, Cardiologist, H. Professor, University of Medicine Iasi, Romania, GDHI Secretary General, Ambassador of Hellenic Tourism</i> <i>Pastroudis Alexandros, Orthopaedic Surgeon, Chief in 6th Orthopaedic Dpt., Asclepieion Voulas General Hospital</i>
13:00 - 13:20	<i>Skliros Efstathios, General Practitioner, President of GCGR</i>
13:20 - 13:40	Evidence Based Thermal Medicine in Egypt <i>Ayman Fakhry, Egypt Prof. of Vascular Surgery, Egypt</i>
13:40 - 14:00	Evidence Based Thermal Medicine in England <i>Michopoulou Elina, Associate Professor, Business Management, University of Derby</i>
14:00 - 14:20	Evidence Based Thermal Medicine in Romania <i>Dragomir Claudia, Prof. Gr.T. POPA University, Romania</i>
14:20 - 14:40	Evidence Based Thermal Medicine in India <i>Sanjay Cherian, Dr. Consultant Cardiac Surgeon, India</i>
14:40 - 14:50	BREAK
14:50 - 16:30	COORDINATORS <i>Kreatsas Georgios, Professor of Obstetrics and Gynecology, f. V. Rector of NKUA</i> <i>Nikolaou Chrysoula, Prof. of Medical Biopathology – Immunology NKUA, V. President of CHC</i>
14:50 - 15:10	Experience of Thermal Aesthetics in Aesthetic Dermatology <i>Prinou Alkistis, MD, Medical Aesthetics Centers</i>
15:10 - 15:30	The Contribution of Plastic Surgery to Health Tourism <i>Boukouvalas Zisis, PhD, Plastic Surgeon, Director of Plastic Clinic "Metropolitan Hospital"</i>
15:30 - 15:50	Thermomineral Waters in Romania <i>Cotroutz Carmen Elena, Professor, V. Dean University of Medicine Iasi, Romania</i>
15:50 - 16:10	The Contribution of Thermal Medicine in Slovakia <i>Masán Ján., MD, PhD - Korcova J., Golska S, Bratislava</i>
16:10 - 16:30	The Effect of Misinformation During the COVID-19 Pandemic – IEKETY Study <i>Giatzidis Alexandros, MD Surgeon, President of MediLab, C.E.O. IEKETY</i>
16:30 - 16:40	BREAK
16:40 - 18:20	COORDINATORS <i>Skandalakis Panagiotis, Professor of Surgery, NKUA, Chairman of the HHG Scientific Council Committee, President of ESKAN, f. Deputy Minister of Foreign Affairs</i> <i>Koutsilieris Michail, Professor of Experimental Physiology, NKUA, President of Board State Scholarship Foundation</i>
16:40 - 17:00	Evidence Based Thermal Medicine in Respiratory Diseases <i>Myrianthefs Pavlos, Prof. of Pneumology, Nursery & NKUA</i>
17:00 - 17:20	Evidence Based and Precised Thermal Medicine <i>Giannios John, Prof., Head of the postgraduate studies in genomic medicine and healthcare, USW, UK</i>
17:20 - 17:40	Evidence Based Thermal Medicine in Russia <i>Conharova Olga, President of the "Russian Medical Women's Association", Professor of the Department of Medical Rehabilitation, I.M. Sechenov First Moscow Medical University</i>
17:40 - 18:00	Emerging Personalized Medicine, in Contrast or Complementary to Mainstream Hippocratic Medicine <i>Bellos George, MD, PhD, MRCGP, MEPMS, MEURAST, MBSIM, Dip. ACU, H. D. H.C. Koropi Attica</i>
18:00 - 18:20	Asklipieia and Healing Baths <i>Geroulanos Stefanos, Professor of Surgery, Zurich University, V. President of Kos Hippocratic Institute</i>
18:20 - 18:30	BREAK
18:30 - 20:10	COORDINATORS <i>Kouskouris Konstantinos, Professor of Dermatology -Lawyer -President of Hippocratic Thermal Medicine Academy, President of World Academy of Chinese and Complementary Medicine, V. B' President of Global Doctor's Hippocratic Institute</i> <i>Patsourakos Fotios, Cardiologist, President of Athens Medical Association, Treasurer of Global Doctors</i>

	<i>Hippocratic Institute</i>
18:30 - 18:50	
18:50 - 19:10	In Vitro Fertilization and Health Tourism <i>Spinou Nikitas, Obstetrician - Gynecologist, PhD Patra's University, Director of AVE M.C., V. Mayor of Zakynthos</i>
19:10 - 19:30	The Neo-Hippocratism and The Modern Hippocratic Physician According to His Ethics and Actions <i>Ziropiannis Panagiotis, President of Association for the Propagation of the Hippocratic Spirit</i>
19:30 - 19:50	Immunotherapy Against Glioblastoma Siteoiganap Last Results <i>Stathopoulos Apostolos, MD, PhD, Prof. of Neurosurgery (USA), President & CEO of ERC Worldwide</i>
19:50 - 20:10	Stress, Health and Aging <i>Chrousos George, E. Prof. of Pediatrics, Director of Scientific Institute for Mother's and Child's Health, NKUA</i>
20:10 - 20:30	BREAK
20:30 - 21:30	OPENING CEREMONY GREETINGS <i>Staikouras Christos, Minister of Economics</i> <i>Oikonomou Ioannis, Minister</i> <i>Gkagka Asimina, A. Minister of Health, Professor of Pulmonology, President of CHC</i> <i>Zacharaki Sofia, Deputy Minister of Tourism</i> <i>Papadopoulos Michael, Deputy Minister of Transportation</i> <i>Kyriazis Athanasios, Gen. Secretary Search & Innovation, Ministry of Development & Investments</i> <i>Gerekou Angeliki, President of GNTO f. Deputy Minister of Culture and Tourism Representatives of the Greek Parliament</i> <i>Patoulis Georgios, Regional Governor of Attika, President of AMA, G.H.D.I., ELITOUR & IHTC</i> <i>Spanos Theofanis, Regional Governor of Central Greece</i> <i>Agorastos Konstantinos, Regional Governor of Thessaly</i> <i>Kasapidis Georgios, Regional Governor of Macedonia</i> <i>Pharmakis Nektarios, Regional Governor of West Greece</i> <i>Sykiotis Ioannis, Cardiologist, Mayor of Kammaena Vourla</i> <i>Bendeniotis Emanouil, V. Chairman of BD European University of Cyprus, f. d. Minister</i> <i>Dimitriadis Pavlos, Journalist, Editor & Director of Deal news newspaper</i> <i>Xiao Junzheng, Chinese Ambassador to the Hellenic Republic</i> <i>Karfik Jacob, Czech Republic Ambassador to the Hellenic Republic</i> <i>Hricova Iveta, Slovak Republic Ambassador of the Hellenic Republic</i> <i>Polydorou Antonios, Prof., Cardiologist, Gen. Sec. GDHI, Ambassador of Hellenic Tourism</i>
21:00 - 21:15	Thermal Medicine Legal Frame and Developmental Perspectives <i>Kouskouris Konstantinos, Professor of Dermatology -Lawyer -President of Hippocratic Thermal Medicine Academy, President of World Academy of Chinese and Complementary Medicine, V. B' President of Global Doctor's Hippocratic Institute</i>
21:15 - 21:30	The Perspectives of Health Tourism in Attica Region <i>Patoulis Georgios, MD, Orthopaedic Surgeon, Regional Governor of Attika, President of Athens Medical Association, President of Global Doctor's Hippocratic Institution, ELITOUR & IHTC</i>
MONDAY 10 10	
10:00 - 11:20	COORDINATORS <i>Rousaki Aggeliki, Professor of Dermatology, University of Thessaly</i> <i>Tombris Stavros, Maxillofacial Surgeon, MSc, PHD DUTH, Gen. Sec. Hippocratic Academy of Thermal Medicine</i>
10:00 - 10:20	Personalised Advanced Medical Esthetics with Thermal Elements <i>Kouskouris Alexandros - Efstratios, Biologist, MSc, PhD of Medical Schools NKUA & DUTH Universities</i>
10:20 - 10:40	Evidence Based Thermal Medicine in Heart Diseases <i>Polydorou Victoria, Cardiologist, PhD, Lecturer in European University of Cyprus</i>
10:40 - 11:00	Hygiene & Safety in Evidence Based Thermal Medicine <i>Tzouvara Sofia, G. P., MSc PhD NKUA, Gen. Sec. World Academy of Chinese & Complementary Medicine</i>

11:00 - 11:20	Evidence Based Thermal Medicine in Neurological Diseases <i>Mangioros Dimitrios, Neurosurgeon, Acupuncturist, Chief in Neurosurgical Dpt & Pain Management Division, 251 HAF, Vice President of WACM</i>
11:20 - 11:40	Physical and Thermal Medicine in Orthopaedic Injuries <i>Velonas Stylianos, Military MD, Consultant of Physical Medicine and Rehabilitation Dpt, 414 Mil. Hospital</i>
11:40 - 11:50	BREAK
11:50 - 13:30	COORDINATORS <i>Rigopoulos Dimitris, Professor of Dermatology, President of the Hellenic Society of Dermatology & Venereology Kardasi Maria, Dermatologist, Antiaging Doctor, President of The Hellenic Anti-Aging Academy</i>
11:50 - 12:10	Cognitive Traps in Medical Practice <i>Chatzipavlou Alexander, MD, MSc, Clinical Prof. of Orthopedic Surgery & rehabilitation, University of Texas, f., Professor of orthopedic surgery, University of Montreal, A. Professor of Chiropractic School, Houston, USA</i>
12:10 - 12:30	Evidence Based Thermal Medicine in Therapeutic Architecture <i>Chrysikou Evangelia, A. Prof., MSc Director Healthcare Facilities, University College London (UCL)</i>
12:30 - 12:50	The Contribution of Thermal Medicine to Rehabilitation in Serbia <i>Stevanovic Nena, Dr. Specific Physical Medicine and Rehabilitation, Serbia</i>
12:50 - 13:10	Evidence Based Thermal Medicine in Serbia <i>Stanojevic Dejan, Prof. of V. Surgery, University of Serbia</i>
13:10 - 13:30	Thermal Therapy as preventive therapy in orthopedic diseases <i>Papadellis Panagiotis, Orthopedic Surgeon, f. Director of Orthopedic Clinic "KAT" Hospital</i>
TUESDAY 11 10	
10:00 - 14:00	WORKSHOP IN THERMAL MEDICINE COORDINATORS <i>Konstantinidis Theodoros, Prof. of Health DUTH, President of MSc Health and Safety at Work Begkas Dimitrios, MD, PhD, MSc, Consultant Orthopaedic Surgeon, Asclepieion Voulas General Hospital Pitsari Paraskevi, Dermatologist - Venereologist PhD DUTH Kafkas Ilias, Dermatologist, MSc, PhD NKUA, V. President of Hippocratic Thermal Medicine Academy Papadellis Stratos, MD, MSc, PhD, Consultant Knee Surgeon, Kings College Hospital, London Giatzidis Alexandros, MD Surgeon, President of MediLab</i>
14:00 - 15:00	BREAK
15:00 - 18:30	Visiting Thermal Springs Galini, K. Vourla, Koniaviti & Cosmetic Spring <i>Tsioumas Sotirios, Ophthalmologist, President of Medical Aesthetics Society & V. President WACM Kontos Charalambos, Dentist, Director of Health Center Piraeus, Treasurer of Hippocratic Thermal Medicine Academy</i>

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PARTICIPATION

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El Farouk Mohamed, Vascular Surgeon, Examiner Royal College of Surgeons in UK, Egypt
Galangos Avxedios, Professor of Cardiovascular Surgery Geneva University, President of Galangos University
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Giotis K, Founder of DHI
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Hricova Iveta, Slovak Republic Ambassador of the Hellenic Republic
Johnson Elizabeth, Dean of School of Medicine, Professor of Anatomy European University Cyprus
Kafkas Ilias, Dermatologist, MSc, Dr of NKUA, V. President of Greek Thermal Medicine Academy
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Kotaridis George
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Mangioros Dimitrios, Neurosurgeon, Chief Of Staff (Hi) 1st Neurosurgical Clinic 251 GNA
Manolas Panagiotis, Professor of Surgery, President of the Hellenic Medical Society of New York
Masan J., MD, PhD - Korcova J., Golska S, Bratislava, Poster: Use of ozone therapy in dermatology
Michopoulou Elina, Associate Professor, Business Management, University of Derby
Myrianthefs Pavlos, Prof. of Pneumonology, Nursery & NKUA
Nikolaou Chrysoula, Professor Of Medical Biopathology - Immunology NKUA, V. President Of CHC
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Pantou Agni, Obstetrician - Gynecologist, Dr. of Medical School NKUA
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Vranjes A.
 Xiao Junzheng, Chinese Ambassador to the Hellenic Republic
 Zacharaki Sofia, Deputy Minister of Tourism
 Ziogiannis Panagiotis, President of Association for the Propagation of the Hippocratic Spirit

SPECIAL OFFER FOR THE ATTENDEES:

HALF BOARD (RUN OF THE HOUSE)	PRICE PER ROOM/ OVERNIGHT
SINGLE ROOM	50€ M/V, 65€ S/V
DOUBLE ROOM	70€ M/V, 85€ S/V
TRIPLE ROOM	95€ M/V, 110€ S/V
1 ST child 0-12 years: free, 2 nd child 2-12 years: 20€	
Outside thermal poll (33°C): Free use	

Registration- Free issuance of participation certificates

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DHI vs FUE vs FUT

Giotis K, Founder of DHI